

MUSCLE & FITNESS

BOOST YOUR FITNESS

» Imagine being able to take a magic pill every day that would help kill joint pain, increase your agility, stamina and performance while working out and ultimately boost your fitness. **Pure-Col®**, a 100% pure collagen formula in capsule form, does exactly this, providing the ideal solution for gym-goers, athletes and sports people alike seeking physiological protection, maintenance and repair.



Following extensive documented research and clinical trials to prove its efficacy, **Pure-Col®** is an ideal supplement for those who regularly train in the gym, suffer from sustained injury or experience joint pain due to its ability to protect cartilage and synovial fluid against deterioration. It is the raw material used for cartilage synthesis and repair and can also reduce oxidative damage to joints, thus stimulating significant reductions in joint pain, tenderness and swelling.

Pure-Col® is priced £29.95 for one month's supply, £70 for three months or £130 for six months. For stockist details or to order, please contact Perfect Look & Health Ltd on 0191 291 3385 or visit: www.lookandhealth.co.uk