

# I GOT A BOOB JOB

## from a bottle!

Clare Harvey, 49, a flower essences expert from Sherborne, found nature was the secret to a younger, firmer body – and a boost of two cup sizes!

**A**s the sun beat down, I looked around at the scores of relaxed women lying topless on the sand. Watching them laugh and smile as they enjoyed their holiday, anger burned – I couldn't help it. I was sure everyone on this beach was secretly laughing at me and my saggy 32A breasts.

Unlike the other women on the beach, I'd chosen to keep my bikini top firmly on, but deep down all I wanted to do was have

boobs large and perky enough to make it worthwhile baring all. Instead, my wrinkled tiny chest made me feel old and unconfident. Life was a misery.

### Heading south

My breasts hadn't always been this much of an issue. Before I got divorced and gave birth to my son, now 30, although my boobs were small, they were pert and with everything where it should be. I felt they were youthful.

But after breastfeeding, my boobs developed a mind of their own and headed south. Whenever I caught a glance of my 5ft 5in frame in the mirror I couldn't stop staring at my chest.

My boobs seemed as if they were getting droopier by the day and the skin around them appeared so wrinkled and crinkly, I felt they belonged on a woman twice my age.

### Low confidence

My confidence sagged as quickly as my boobs as all I saw was an old, miserable woman with no future ahead of her. It affected me so much that when I went out on dates with men, I was conscious of them looking at my chest, but for all the wrong reasons.

Even though I was a size six, I kept my head low and wore dresses and tops to



**Before**

She wore tops to cover her chest

cover my lack of chest but they didn't always flatter me or my personality.

I wanted to wear young, trendy clothes that would allow me to flaunt a little cleavage and was sure that if I could enhance my breasts, my confidence would improve and I could be the me I wanted to



**Now I like what I see in the mirror'**

be. Trouble was, surgery was a huge no-no for me and exercises such as yoga and Pilates made no difference to my bust at all. Of course I tried things like push-up bras and chicken filets but they didn't improve my confidence as I felt I was living a lie.

### Natural enhancer

For years I moped about feeling sorry for myself with my self-esteem at an all-time low. Then, without warning, three years ago something snapped. I was sick of my chest getting in the way of me living the

life I wanted to live and knew I deserved more.

I became so frustrated at feeling like an old lady before her time that one night I searched the internet for natural bust enhancers.

Before long I hit upon

Perfect C, a natural supplement made from herbs that promised an enhanced bust. Because it was natural, I wasted no time giving it a try and bought the recommended three-month supply, taking three tablets a day.

I wasn't sure what to expect but in just a month my breasts became fuller and rounder. Admiring my reflection in the mirror, I noticed other happy side effects I hadn't been expecting. My

skin was firmer and more hydrated, and the fine lines around my eyes were noticeably smaller. I carried on taking the tablets for six months until my boobs went up two cup sizes to a 34D, then took three tablets once a week to maintain my new shape.

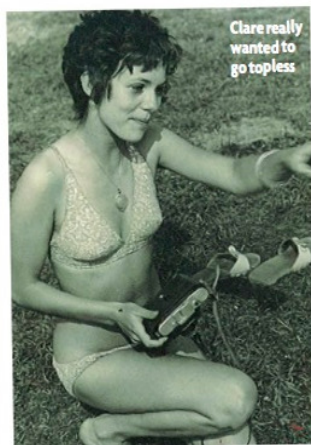
### Young and flirty

The difference was astounding. For the first time in years I held my head high and had a spring in my step. I finally had the breasts I'd craved for so long and was delighted to wear the lower-cut tops and dresses I'd dreamt of. Going out on dates, I became fun, friendly and flirty.

Now, I can't believe how much my life has changed. When I look in the mirror, I like what I see – a healthy, vibrant woman in the prime of her life. Friends and family have noticed huge changes both inside and out. Not only have they congratulated me on my new shape, but they're amazed at just how young I look. If I'd known new boobs would have knocked years off me, I'd have done this years ago!

◆ **Perfect C costs £160 for a 3-month supply and is available from selected health food stores nationwide. To find out more, go to [perfectc.co.uk](http://perfectc.co.uk)**

Clare is now delighted to show off her cleavage



Clare really wanted to go topless